

Wrestling	
Year	Champion
1960	Waukon
1961	North
1962	North
1963	North
1964	Postville
1965	Postville
1966	Central
1967	Central
1968	Postville
1969	North
1970	North
1971	Postville
1972	MFL
1973	North
1974	Postville
1975	North
1976	North
1977	North
1978	North
1979	North
1980	Sumner
1981	Sumner
1982	Postville
1983	Sumner
1984	Sumner
1985	Postville

1986	North Fayette
1987	Sumner
1988	Turkey Valley
1989	Sumner
1990	Turkey Valley
1991	Sumner
1992	Wapsie Valley
1993	Valley
1994	Wapsie Valley
1995	Wapsie Valley
1996	Wapsie Valley
1997	Wapsie Valley
1998	Turkey Valley-South Winneshiek
1999	Turkey Valley
2000	Postville
2001	Turkey Valley
2002	North Fayette
2003	MFL MarMac
2004	North Fayette
2005	MFL MarMac
2006	MFL MarMac
2007	MFL MarMac
2008	MFL MarMac
2009	MFL MarMac
2010	MFLMarMac-Central
2011	MFLMarMac-Central
2012	Sumner-Fredericksburg
2013	Sumner-Fredericksburg

2014	North Fayette Valley
2015	North Fayette Valley
2016	MFL MarMac
2017	MFL MarMac
2018	South Winneshiek
2019	MFL MarMac
2020	North Fayette Valley
2021	MFL MarMac